

Pilgrims “What to bring”

- Yourself—in the Spirit of an Open Heart and Open Mind.
 - Bible—Optional
1. Comfortable clothing—very casual setting
 - (a) Jeans / sweats / leggings / shorts
 - (b) Shirt—short or long sleeve as the temperatures fluctuate
 - (c) Lightweight jacket / Hoodie / Sweater
 - (d) Comfortable shoes / Crocks / Slippers—there will be walking throughout the Church and up and down stairs (an elevator is provided if necessary)
 - (e) Pajamas / robes
 2. All Medication that you need for the weekend—a team member will help remind you to take your medicine if needed
 - (a) C-PAP Machine
 - (b) Oxygen if needed
 3. Personal Toiletries—There will be time to Shower (just a few items listed...you know what you use and your hygiene needs are, so pack like you are going on a weekend trip)
 - (a) Body Soap
 - (b) Shampoo
 - (c) Conditioner
 - (d) Deodorant
 - (e) Towel / Washcloth
 - (f) Toothbrush / Toothpaste
 - (g) Shower shoes
 - (h) Comb / Brush
 - (i) Hair Dryer / Hairspray / Curling iron
 - (j) Makeup
 4. Bedding—Mattresses will be provided
 - (a) Sheets
 - (b) Pillow
 - (c) Blanket / Sleeping bag
 5. There will be an opportunity to purchase some items from our Book table
 - (a) Cash
 - (b) Credit / Debit card
 - (c) Blank check
 6. Extras
 - (a) Flashlight—if you need to go to the restroom at night

“What NOT to Bring”

- (a) Cellphone—There will be a Team Member that will carry an Emergency Cellphone the entire weekend. Make sure your Sponsor and/or Family has this number..937-726-3867
- (b) Watch
- (c) Camera