

BOARD OF DIRECTORS

Iva Lenhart
Chairman

Terry Sharp
Vice Chairman

Larry Reed
Leadership

Candy Sharp
Secretary

Lisa Newcomer
Treasurer

Chuck Buck
Men's Registrar

Dawn Pulfer
Women's Registrar

Ryan Ware
Men's Good Shepherd

Susie Ingraham
Women's Good Shepherd

Ray and Jodi Prater
Agape

Mark & Kitty Stanley
Social

Diane & Mike Snider
Worship

Kim Swartz
Music

Corinne Olson
Supplies

Mark Smith
Literature

Rita Metz
Kitchen

Bryan Rowan
Logistics

Ken Sims
Outreach

Teresa Wenrick
Newsletter

Barbara Staley
Spiritual Director

Jane Madden
Asst. Spiritual Director

S I D N E Y E M M A U S

El Qwini

FEBRUARY 2010

I have stilled and quieted my soul... Psalm 131:2

One of the greatest stress inducers we face daily is noise. We live in a noisy world. To enjoy a more peaceful atmosphere - we must create one! So find a place where you won't be interrupted and learn to enjoy simply being quiet for a while. If you're a high-energy, time-conscious, results-oriented individual with too much to do and not enough time to do it, you'll discover this is not easy. And before you start thinking, 'This is not very spiritual,' take a moment and consider these four Scriptures:

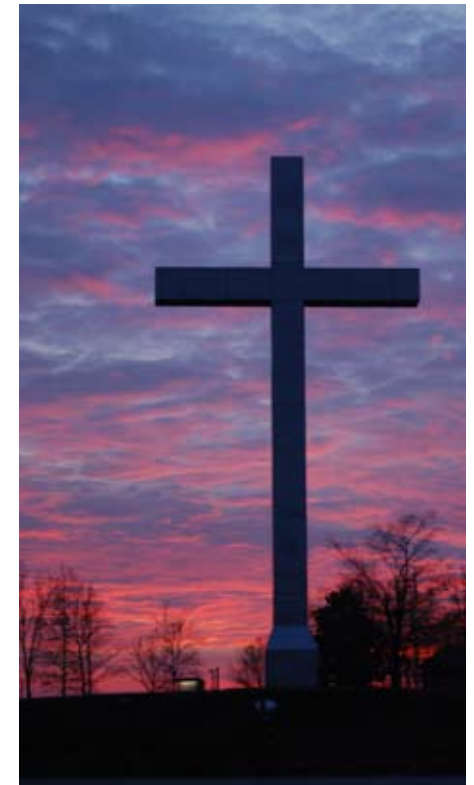
1) 'The fruit of righteousness will be peace; the effect of righteousness will be quietness and confidence forever' (Isaiah 32:17 NIV)

2) 'Better one handful with tranquility than two handfuls with toil and chasing after the wind' (Ecclesiastes 4:6 NIV).

3) 'Make it your ambition to lead a quiet life, to mind your own business' (1Thes 4:11 NIV).

4) 'Be still, and know that I am God' (Psalm 46:10 NIV). You can't live a continually noisy life and expect to walk in peace.

Jesus made sure He had seasons of peace and time alone. Nobody had a greater life's purpose or more incessant demands placed upon Him than He did. Yet the Bible says, He 'often withdrew to lonely places and prayed' (Luke 5:16 NIV). Surely if Jesus needed this type of lifestyle, you do too. Spending quiet time with God is essential to restoring your body, your mind and your emotions. The truth is, you need it regularly, so insist on having it and don't let anyone take it from you. Work your schedule around God - don't try to work God in around your schedule.

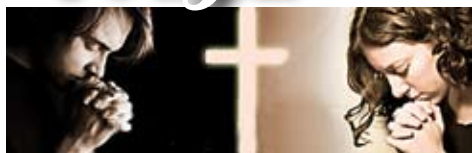




God has chosen you out of all the peoples on the face of the earth to be his people, his special treasure.

Deuteronomy 7:6

Prayer



To sign up for the 72 hour prayer vigil, contact Ray and Jodi Prater at 937-492-9105.

PILGRIMS FROM WOMEN'S WALK #50

| | |
|--------------------------|---------------|
| Amber Abbott..... | Zanesfield |
| Paula Ballweg..... | St. Marys |
| Heather Barhorst | Botkins |
| Krista Conover | St. Marys |
| Marsha Cost | Sidney |
| Kendra DeLong..... | Wapakoneta |
| Heather Fiessinger | Sidney |
| Ellie Flory | Troy |
| Donna Francis | Bellefontaine |
| Cindy Frantz..... | Sidney |
| Jill Givens | Sidney |
| Jeannine Goodwin..... | St. Marys |
| Debra Hagan | Sidney |
| Brittany Hiler..... | Dayton |
| Ashley Holthaus..... | Anna |
| Linda Huber | St. Marys |
| Diana Huffman | Sidney |
| Kathy Huffman..... | Sidney |
| Estella Kessler..... | Troy |
| Kimberly Marks | Troy |
| Amber Marshall..... | Lima |
| Vickie Marshall | Troy |
| Brenda Miller | Covington |
| Deb Mi..... | Sidney |
| Jenn Perkins..... | Bellefontaine |
| Colleen Pulfer | Degraff |
| April Rhoden..... | Hilliard |
| Darla Roberts..... | Bluffton |
| Erica Roberts..... | Spencerville |
| Stacy Robinson..... | Troy |
| Mendy Schroerlucke | Sidney |
| Lacie Staup | St. Marys |
| Brittney West..... | Dublin |
| Deanna West | Fredericktown |
| Michelle Williams | Ottawa |
| Gloria Wright..... | Lima |

TEAM ROSTER

Lay Director
Tammy BemusPerseverance-Sun. 1:00PM

Lay Director in Training
Jody Prater

Board Representative
Candy Sharp

Assistant Lay Directors
Cathleen BakerPriority - Fri. 9:15AM
Deb Ihle.....Discipleship - Sat. 7:00pm
Fran MillerChanging Our World - Sun. 8:25am

Music Director
Sue Kaufman

Assistant Music Director
Nadine Tussing

Logistics
Kay Rickey, Phyllis Rump, Vickie Schwepe
Dawn Cox, Angie Marks

Table Leaders
Sherrill Skinner.....Priesthood of all Believers - Fri. 1:45pm
Melody SchneiderLife in Piety - Fri 6:30pm
Diane SniderGrow Through Study - Sat. 8:45am
Jill Payne.....Christian Action - Sat 3:00pm
Jill Ruppert.....Body of Christ - Sun.10:30am
Marianne Shepard.....Fourth Day - Sun. 2:00pm
Sherri Herring

Assistant Table Leaders
Kelly Snider, Maryam Lyon, Jacki Hodler
Jane Benson, Judi Boyd, Kim Yantis, Sheryl Ditmer

Spiritual Director
Tim ReevesMeans of Grace - Sat.10:45am

Assistant Spiritual Directors
Matt Wright.....Prevenient Grace - Fri. 11:20am
Carolyn Christman.....Justifying Grace - Fri. 3:00pm
Alice WolfeObstacles to Grace - Sat. 4:30pm
Barbara StaleySanctifying Grace - Sun. 9:35am

Willing servant

Now that you have completed an Emmaus Walk and understand how much work goes into a weekend...you know that this doesn't occur without help from many willing servants. If you are interested in volunteering your time to help, please complete the form and mail it to the Leadership Chairman. Do not take this commitment lightly, please pray about the way God is leading you to serve.

Mail completed form to:

Leadership Chairman
The Greater Sidney Area Emmaus Community
First United Methodist Church
230 E. Poplar Street
Sidney, Ohio 45365

4th Day Talks

How are your fourth days going? We would love to hear how your faith journey has been going since your Emmaus Walk.

A fourth day talk is a source of inspiration to those present at the gatherings. What you share may be just what another needs to hear on their faith journey.

If you would like to give a fourth day talk, please contact Mike and Diane Snider at 492-6343 or email: msnider1@woh.rr.com

GREATER SIDNEY AREA EMMAUS WALK WILLING SERVANT VOLUNTEER SHEET

The service that you perform is not only supplying the need for God's people, but is also overflowing in many expressions of thanks to God. Because of the service by which you have proved yourselves, men will praise God for the obedience that accompanies your confession of the gospel of Christ, and for your generosity in sharing with them. *2 Corinthians 9: 12-13*

We ask you to *pray* about your commitment and to serve in any way that you can. Remember that it should be done in God's timing not ours. Christ is counting on YOU!

I would like to assist at Emmaus functions in the future. I can serve the community in the following ways

- AGAPE I Can: _____ Help in Agape room (set-up/sorting)
 _____ Furnish table snacks
 _____ Take part in the 72-hour Prayer Vigil
- SOCIAL I Can: _____ Help with set-up and clean-up after Gatherings.
 _____ Help with set-up and clean-up Thursday meal of a Walk.
 _____ Serve on the Social Committee.
- CHILD CARE _____ Serve in the Nursery
- WORSHIP I Can: _____ Provide Communion elements for Gatherings
 _____ Provide *Special Music* at Gatherings.
 _____ Play Guitar / Piano (other _____)
 _____ Give a Fourth Day talk at Gatherings
- KITCHEN I Can: _____ Serve as part of the Kitchen Staff.
- LOGISTICS I Can: _____ Help with Wednesday night set-up for Walks
 _____ Help with Sunday morning reset for Church
 _____ Help with Sunday Closing set-up
 _____ Help with Sunday evening tear-down
- TEAM I Can: _____ Someday serve on a live-in team.
 _____ Like to be a music director on a Walk
- CLERGY I Can: _____ Serve on a live-in team
 _____ Like to give a clergy talk on a Walk.

Name: _____ BIRTHDATE: _____
 ADDRESS: _____
 CITY & STATE: _____ ZIP _____
 PHONE: _____ WALK YOU ATTENDED: _____
 PLACE (CITY/DISTRICT): _____ APPROXIMATE DATE: _____
 USEFUL TALENTS/INTERESTS _____

Please help us update your records: If you have served on a team at anytime we would like to update our records as we are using a new computer program to compile all team service. *We will be depending on these records when considering team recommendations:*

| Community | Walk# | Team Role | Talk |
|-----------|-------|-----------|-------|
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |

Sponsoring a pilgrim



SPONSOR RESPONSIBILITIES

1 PRAY – As you prepare to sponsor an Emmaus pilgrim, pray that God has led you to someone who is ready and able to fulfill the purpose of Emmaus and who will have the ability of leaving the weekend “inspired, challenged and equipped for Christian action in their home, church, workplace and community.” Remember that our community strength depends on strong leaders who can strengthen their local church and be a force for its renewal.

Prayer is the foundation of the Emmaus movement and enables it to continue. Offer prayers that will help you identify those who are ready to continue a life-long journey of faith.

2 MAKE AN APPOINTMENT – As often as you may have casually talked to a potential pilgrim, set aside some time to be intentional about answering his/her questions and to make certain they understand what they are committing to.

3 EXTEND THE INVITATION – Make it “official” so that they know you are serious and intentional about the walk. Encourage them to pray also.

4 SEEK A COMMITMENT – Seek a real commitment without being pushy. Once they have given a definite commitment, help them with the paperwork and other preliminaries

5 PREPARE AGAPE AND ENLIST PASTORAL SUPPORT – Now begins some of your most important work. Pray. Stay in touch and collect information for agape letters from family and friends. Talk to the pastor involved and let them know what is happening and ask for their prayer and support as well.

6 SUPPORT THE WALK – Make certain the pilgrim’s family has their needs taken care of during the weekend. Do they need babysitting, food, rides, etc.? Attend the send-off, sponsor’s hour, Candlelight and closing. Pray.

7 SUPPORT THE PILGRIM ON THEIR FOURTH DAYS – Begin “debriefing” on the way home; if possible, take them to dinner first. Schedule another intentional talk time to discuss the weekend.

8 HELP THE PILGRIM RE-ENTER THEIR CHURCH – Make sure they understand that Emmaus is not their new church! Perhaps even talk to them and their pastor together to share more about the weekend.

9 HELP THE PILGRIM SERVE EMMAUS – Make sure they know what opportunities for service are available and help them contact the appropriate people so that they can cook, help with the prayer vigil, etc. Give them ideas for table and bed agape.

10 HELP THE PILGRIM SPONSOR OTHERS – This brings your sponsorship full circle. Help them through the sponsorship procedure in any way you can.

Sponsoring a pilgrim CONTINUED



BEFORE THE WALK

- 1 Prayerfully consider your responsibilities to the pilgrim.
- 2 Be available to help meet the needs of the pilgrim and family during the walk.
- 3 Properly prepare the pilgrim for the weekend.
- 4 Find friends and family to write agape letters.
- 5 Sign up for the prayer vigil;
- 6 Make certain your pilgrim knows when you are picking them up.

DURING THE WALK

- 1 Bring your pilgrim to the walk at Sidney First United Methodist Church at 230 East Poplar St. in Sidney on Thursday night. Arrive between 6:00 and 6:45 PM at the back parking lot entrance.
- 2 Bring in all luggage and other needed items. There will be persons there to assist you. There will be a light supper meal served which serves as a "send-off." Please bring a covered dish to share at this meal.
- 3 At check-in, check for any balance due on the fees. Make sure that those in charge have emergency contact information for family.
- 4 If possible, provide snacks and other foods for use during the weekend.
- 5 The send-off meal will be at 7:00 PM. Please remember to take your covered dishes out of the eating area immediately following the meal as the room needs to be re-set for the pilgrims and waiting would disturb the beginnings of their evening. You will NOT be able to return to the fellowship hall for your food and dishes.
- 6 Immediately following the meal, there will be a "Sponsor's Hour" at 8:00 PM. This brief service is an opportunity for you to pray over the actual Emmaus cross which your pilgrim will receive on Sunday and to participate in Holy Communion on their behalf. **IF YOU CAN'T ATTEND ANY OF THE ABOVE, PLEASE MAKE SURE THAT THERE IS SOMEONE IN YOUR PLACE, ON BEHALF OF THE PILGRIM.**
- 7 Attend the Candlelight Worship Service on Saturday evening at 8:30 PM in the sanctuary. If possible, please enter through the front doors of the church on Poplar St. Bring any late agape letters and place them in the baskets at the Poplar St. entrances.
- 8 Attend the Closing service on Sunday at 4:30 PM. **DO NOT ARRIVE BEFORE 4:00 PM.** Gather in "The Tabernacle" directly underneath the sanctuary. Do NOT remove any luggage from there until ALL pilgrims have gone to the sanctuary, and then do so quietly and discreetly.
- 9 Arrange for the pilgrim's transportation home on Sunday. They will be ready to leave the church approximately 7:00 PM. Again, if possible, a stop for a meal on the way home would be great!

AFTER THE WALK

- 1 **BRING THEM TO THE GATHERING**
As a sponsor you are responsible for arranging for the new member (your pilgrim) to the first Gathering after their walk (their Reunion Gathering) and so that they can be introduced to the rest of the community.
- 2 **HELP THEM FIND A SHARE GROUP !** If you need assistance, contact the Good Shepherd.
- 3 **HELP THEM WITH THEIR FIRST SPONSORSHIP** and guide them through the process of being a GOOD sponsor.

CONTACT INFORMATION

SPONSORSHIP CHAIRPERSON

David Allspaw 937-492-0079 / 638-0312
dfallspaw@woh.rr.com

COMMUNITY CHAIRPERSON

Iva Lenhart 937-497-8852
ivalen@bright.net

MEN'S REGISTRAR

Chuck Buck 937-465-4545
bucke_2@yahoo.com

WOMEN'S REGISTRAR

Dawn Pulfer 937-394-8491
sdpulfer@nktelco.net

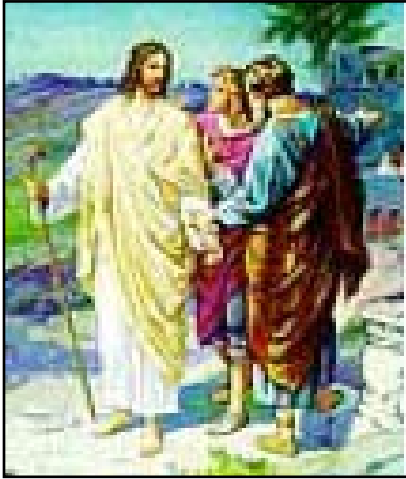
MEN'S GOOD SHEPHERD

Ryan Ware 937-538-8230
rware@wapakoneta.net

WOMEN'S GOOD SHEPHERD

Susie Ingraham 419-586-6179
jsee@bright.net

Don't forget to
pray



“Be still, and know that I am God! I am exalted among the nations, I am exalted in the earth.” - Psalm 46:10

Prayer



To sign up for the 72 hour prayer vigil contact Ray and Jodi Prater at 937-492-9105.

Please pray for these pilgrims as they enter their “Fourth Days”

PILGRIMS

| | |
|------------------|--------------------|
| Craig Bollinger | Lima, Ohio |
| Dan Camper | Lima, Ohio |
| Mike Corona | Lima, Ohio |
| Allen Dock | Piqua, Ohio |
| Ralph Donohoe | St. Marys, Ohio |
| Tom Frantz | Sidney, Ohio |
| Rick Hagan | Sidney, Ohio |
| Seth Hanford | Springfield, Ohio |
| Uriah Langston | Mount Vernon, Ohio |
| Todd McQueen | West Liberty, Ohio |
| Travis Milligan | Sidney, Ohio |
| Steve Offord | Trotwood, Ohio |
| Jim Pass | Wapakoneta, Ohio |
| J.D. Poling | Piqua, Ohio |
| Steve Rabenstein | West Liberty, Ohio |
| JR Ramos | Lima, Ohio |
| Ed Skidmore | Anna, Ohio |
| Phil Smith | Troy, Ohio |
| Ed Spangler | Sidney, Ohio |
| Coit Templeton | Thomasville, NC |
| John Waiter | Sidney, Ohio |
| Dewey Wallace | |



Serve...



Logistics

Is your share group willing to help be the Body of Christ in action with the set up and tear down for the Emmaus weekends? If you feel led to help in this way please e-mail Bryan Rowan @ n9bcr@hotmail.com or call 937-596-0622

THE GREATER SIDNEY AREA EMMAUS COMMUNITIES INFO

The Greater Sidney Area Emmaus Communities Gatherings are on the second Tuesday of the month at 7:00pm for worship with fellowship afterwards. We meet at the First United Methodist Church located at 230 E. Poplar St., Sidney Ohio. Please come at celebrate Christ's love with us.

- Special Services on weekend's of a Walk to Emmaus at 8:30pm Saturday night. Same location. Special Services on weekend's of a Walk to Emmaus at 4:30pm Sunday afternoon. Please come after 4:00pm same location and meet in the old Fellow Ship Hall.
- Board Meeting's meet at First United Methodist Sidney in the Chapel at 6:45 PM on the forth Thursday of each month.

Kitchen

For the Sidney Emmaus kitchen serving / server schedule, click here.

To sign up to help please contact Rita Metz at lrmetz1@centurylink.net



Share Groups

How is it with your soul?

Do you need a little encouragement, do you have questions about a Bible teaching, or do you just need to get together with someone and talk? There's no place like a Share Group! Joining together and learning is the way Jesus taught us to learn our faith. In community, there is natural teaching and accountability. This keeps us strong in our convictions and habits. Jesus sent his disciples out in groups so they could build each other up for the task ahead. And we cannot learn spiritual qualities such as forgiveness, grace, love, justice, and humility by ourselves, but only by practicing our faith with others. May God bless you all. If you need to find a Share Group, please let me know. I'd love to find a place where you can talk with Jesus. Call Susie Ingraham, Women's Good Shepard at 419-586-6179 or email - jsee@bright.net, or Men's Good Shepard, Ryan Ware at 937-538-8230 or e-mail - rware@wapkoneta.net



Just for Fun...

A little boy was kneeling beside his bed with his mother and grandmother and softly saying his prayers, "Dear God, please bless Mummy and Daddy and all the family and please give me a good night's sleep." Suddenly he looked up and shouted, "And don't forget to give me a bicycle for my birthday!!" "There is no need to shout like that," said his mother. "God isn't deaf." "No," said the little boy, "but Grandma is."

They have Dial-a-Prayer for atheists now.
You call up and it rings and rings but nobody answers.

Little Bobby was spending the weekend with his grandmother. His grandmother decided to take him to the park on Saturday morning. It had been snowing all night and everything was beautiful. His grandmother remarked... "doesn't it look like an artist painted this scenery? Did you know God painted this just for you?" Bobby said, "Yes, God did it and he did it left handed." This confused his grandmother a bit, and she asked him "What makes you say God did this with his left hand?" "Well," said Bobby, "we learned at Sunday School last week that Jesus sits on God's right hand!"

A missionary was walking in Africa when he heard the ominous padding of a lion behind him. "Oh Lord," prayed the missionary, "Grant in Thy goodness that the lion walking behind me is a good Christian lion." And then, in the silence that followed, the missionary heard the lion praying too: "Oh Lord," he prayed, "I thank Thee for the food which I am about to receive."

Hymns for People Over 50

- Give Me the Old Timers Religion
- Precious Lord, Take My Hand, And Help Me Up
- Just a Slower Walk with Thee
- Go Tell It on the Mountain, But Speak Up
- Nobody Knows the Trouble I Have Seeing
- Guide Me O Thou Great Lord God, I've Forgotten Where I've Parked The Car
- Count Your Many Birthdays, Count Them One By One
- Blessed Insurance
- It Is Well With My Soul, But My Knees Hurt

Upcoming
Gatherings
March 9th
April 13th
May 11th

If you are interested in submitting an article for the Sidney Emmaus newsletter please e-mail me @ twenrick@woh.rr.com. There will be copies at the monthly gathering of the current issue and also we encourage you to view the newsletter online. Please help us spread the word about reading this online. THANKS!! Teresa Wenrick, Newsletter Director